#### Personal Care etc.











Monday, Wednesday 12:00 – 2:30 01733 564540 1203 Bourges Boulevard (The Triangle)

# Where to get help





Tuesday 10:00 – 3:00 01733 575083 Care Zone 11 Titan Drive, Fengate



Foodcycle Monday lunch 12:30 Free Park Rd Baptist Church Corner of Geneva Street and Park Road 3-course vegetarian meal





Support for homeless and street homeless. Help with housing, clothing, furniture, help with paperwork 07592 215292





Peterborough Soup Kitchen Monday-Friday 7:30 pm; Sunday 3:30 pm; Free Closed Saturday Bright Street Car Park Hot soup and drinks, sandwich





Need referral for furniture 01733 575083 Care Zone 11 Titan Drive, Fengate.



Open Door Baptist Church Friday lunch 12:00 Free Corner of Searjeant St and Harris Street 01733 349755





This signposting leaflet has been put together by

## FoodCycle Peterborough

Thanks to all the organisations listed here who are Providing help and support to Peterborough people





Stronger Together Free Hot meal Saturdays 5 p.m. Seventh Day Adventist Church 48 Clarence Road No Under 16s



Email: <a href="mailto:peterborough@foodcycle.org.uk">peterborough@foodcycle.org.uk</a>

Web: www.foodcycle.org.uk/location/peterborough-hub

Facebook: foodcyclepeterborough



## **Hussain Soup Kitchen - Free**

Last Saturday each month 5 to 6.30 p.m. Westgate New Church 70, Westgate





#### Must have a Foodbank Voucher

Vouchers can be obtained from CAB and other referral agencies listed on website.
Various opening times; various locations

https://peterborough.foodbank.org.uk/locations/



# **Housing**





#### Guidance

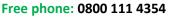




**Self-referral - providing homes** No emergency accommodation 26 North Street **01733 558301** 



**Drug and Alcohol Support** Unit 4 Bretton Centre: 01733 269461 Self-referral Unit 26 Hertlington Centre, Orton: 01733 895624 Various locations: 102-104 Bridge Street: 01733 895624





Self-referral by phone or visiting Single homeless people aged 16-25 101 Wellington Street 01733 891891 www.theymca.org.uk



citizens advice

Website for info and email: 16-17 St Mark's Street 0300 330 0650

https://www.citapeterborough.org.uk/get-help/



Self-referral by phone or visiting





The Dawn Project: 01733 889354 Range of support and advice: Women only Ex-offenders and vulnerable women

9:30-3:00 Tuesday to Friday 58 Broadway



01733 554858



The New Haven

17+ self-referral 12-week temp housing **Must be on Council Housing Register** Must have local connection



Mental health counselling Self-referral 17+ 226 Dogsthorpe Road (3-4 month wait after assessment) 0305 550 8888

https://www.insighthealthcare.org/



Winter night shelter 11/12/2017 - 11/03/2018 **Various churches** Referral through Bayard Place/Outside Links (0800 587 7745)



The first response service (FRS) puts your mental health first. 24 hr access, 7 days a week, 365 days a year. If you are experiencing something that makes you feel unsafe, distressed or worried about your mental health contact us - dial 111 select option 2.



**Severe Weather Emergency Beds** When temperature 0°C for 3 nights 12 beds for homeless – arrive 10:00 pm 1 Oundle Road





Salvation Army Debt Advice Phone for appointment: 01733 307747



To get help for Rough Sleepers 0300 500 0914 http://www.streetlink.org.uk/





Outside Links. Drop in Service 10.30 – 17.00 Women only Wednesday 13.00 - 17.00 One to one support **Shower facilities** 101 Wellington Street (next-door to Time Stop) 0800 587 7745